



## 9 Tips for Effective Remote Learning

1

### Set daily goals for studying

Set goals that are specific and easy to measure each day, such as “I’ll watch all the videos in Module 2 and complete the first assignment”.

2

### Create a dedicated study space

Remove any distraction from the space and if possible, make it separate from your bed or sofa to help you focus.

3

### Create a new routine

Open your calendar and choose a predictable and reliable time that you can dedicated to watching lectures and completing assignments.

4

### Stay in the know

Check Canvas and emails for professors’ and advisors’ updates frequently. Communicate with them respectfully and promptly when you have questions.

5

### Actively take notes

Write down key takeaways and things that are not clear to you while you are watching recorded videos or attending a live class.

6

### Join the discussion

Learning remotely doesn’t mean learning alone. Course discussion forums are a great place to collaborate and learn from each other. So make a post today!

7

### Do one thing at a time

Stay focused on one thing at a time and don’t try to multitask. You should not be texting friends while having your professor’s lecture playing on the computer.

8

### Keep yourself connected

Learning remotely does not mean having to be isolated. Form a virtual study group with your classmates. Tell your friends and family about the courses you are taking.

9

### Take Breaks

Take a break when you find yourself working on a challenging problem without much progress for an hour. Walk outside, take a shower, or talk with a friend.